/41 cont./

515 782 823 [783] Fearing to defile it, the Abkhaz avoids bathing in running water; if he bathes, upon coming out /42/ of the water he takes three stones and says, "I sinned against you today; I went into the water and bathed, but you, forgive me." With this prayer, he passes the pebbles around his head with his hands and throws them into the water.

3.

The Ceremony in Honor of the Rainbow

753 [755] [782] The ceremony in honor of the rainbow, which is not obligatory for all, is performed for the greater part on persons whose sickness, according to the female fortune-teller, is caused by the rainbow. A prolonged yellowness of the face, a weakening of the organism, instability of character -- the [821] Abkhaz attributes all these to the fact that the sick person entered water at the very moment when the rainbow was drinking from it.

755 782 "Sinless" old women, having planned a sacrifice and promised a prayer, lead the sick person out to a brook; they take with them two fried capons, two stuffed loaves of unleavened bread in the shape of a tongue, and other provisions, as in the performance of the ceremony in honor of the water. On both sides of the brook, clean objects are laid out, such as clothes, silver, etc., a little bridge made of thread is thrown over the river from one bank to another. Having prepared all this, the praying-woman, with a doll that has been prepared beforehand in her hands, walks around the sick person, who is kneeling down covered with a piece of calico, and prays for him to the rainbow, known by the name Eliaphshi; then she takes a candle and addresses a similar prayer to the "Mistress Mother of the Water," and her "lord husband." After praying over the provisions she takes some [789] of each dish and throws it into the water; she places the doll in a pumpkin, and, after adorning the latter with lighted

3: Janashia I-5 (ca. 1900) 1937 RI3 Abkhas RI3
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which is *Khetsia*.[1] He has one sister from whom descends the demon family; that is why *antswà* has no right to destroy once for all the demons, his blood relations.

The Abkhasians appear to have made their gods after the image of man; one and the same god can be both good and evil in relation to a given person, according to the zeal with which he fulfils his duties towards him. The only means by which an angered god can be placated is by open-hearted confession and sacrificial offerings. And as the Abkhasians have a great number of gods their whole life is passed in continuous prayer and offering to gods.

I. Àyt'ar-nòhwa*

1. *Jabrán*

The Abkhasians make preparations for Shrovetide with particular solemnity, for its approach coincides with the observance of a series of religious rites and offerings, known under the general name of *Àyt'ar-nòhwa*. Àyt'ar is a great god of procreation and fertility, particularly with regard to the breeding of cattle. He is, as we shall see presently, the head of a whole pleiade of gods, who appear to be subordinate to him, and each of whom constitutes a part of him. *Nòhwa*, which is derived from *a-nòhwara*, to pray, denotes praying, prayer, whence *Àyt'ar-nòhwa*, meaning prayer, offering, to Ayt'ar.

The first in order of offerings is that performed in honour of the god *jabrán*, i.e. god of the goats (and sheep) (see above, p. 120).

On the Sunday, the last day of Shrovetide, the eldest woman of the family leavens dough from the flour of *ashò* (Georgian *shvria*, oat)[2] and places it in a warm corner. The dough is often kneaded with a stick, called *adswò*,† made specially for this purpose from the hazel tree, on account of which the dough itself is called *adswərəa*, a combination of *adswò*, a stick with a tapering end, and *ərsara*, to knead.

On the Shrove Thursday the eldest woman of the family—*ap'hwəs-tsk'ya* ("woman pure")—takes a portion of this leaven, kneads it with the stick, adds some water and flour, boils it, and then bakes maizebread—*amgyal*. This maizebread must be baked on a hearth.

* For the pronunciation of "h" see p. 119, n. *. The combination "hw" represents a labialized variety of "h". [Translator's Note.]

† The combination "*dsw*" which is to be pronounced with one breath impulse, represents a labialized variety of "*ds*". For this latter sound see p. 329 (*h'*). [Translator's Note.]

[1] N. Y. Marr, *On the Religious Beliefs of the Abkhasians* (in Russian), in *Khristianskoe Chtenie*, "The Christian East," St. Pb., 1915, vol. iv, issue 1, p. 138.

(A translation of this work is given in this number, pp. 157–180, see p. 171. Ed. *Georgica*.)

[2] It should be noted that in all these sacrificial offerings oat flour and, on rare occasions, millet flour, is used. Without this flour or unless it is at least used as an ingredient the offering becomes inadmissible. The reason for this is probably because *ashò* (and *ghomi*, millet) alone constituted the staple food.